



### What is the IUD Taskforce?

More than 50 medical providers, educators, administrators, public health professionals, reproductive health advocates, and researchers from more than 25 New York City-based organizations currently serve on the IUD Taskforce. The IUD Taskforce's central activities are concentrated in the Taskforce workgroups, comprised of voluntary members that meet regularly.

### What is the Goal of the IUD Taskforce?

The IUD Taskforce aims to create an environment that ensures that everyone has access to a full-range of contraceptive options, including the highly effective methods (IUDs and implants). The Taskforce aims to improve institutional and community readiness\* by understanding and challenging obstacles to LARC usage at the individual (patient/healthcare provider), institutional, community, and policy levels.

*\*Community readiness refers to the degree a community and its institutions are prepared to take action on an issue. Learn more about Community Readiness at [http://www.nami.org/Content/NavigationMenu/NAMI\\_Center\\_for\\_Excellence/Tools\\_for\\_Excellence/CommunityReadinessHandbook.pdf](http://www.nami.org/Content/NavigationMenu/NAMI_Center_for_Excellence/Tools_for_Excellence/CommunityReadinessHandbook.pdf)*

### How Do I Join?

- The IUD Taskforce is open to new members. Join a workgroup to contribute locally to improve access to LARCs in New York City.
- Learn more about the IUD Taskforce by visiting [iudtaskforce.org/About/IUDTaskforce](http://iudtaskforce.org/About/IUDTaskforce)

### What is the Need for LARCs?

Based on the most recent estimate (2006), nearly half of all pregnancies in the US are unintended (49%), and 43% of these pregnancies end in abortion.<sup>1</sup> In the US each year, there are an estimated 1.5 million births resulting from unintended pregnancies.<sup>2</sup>

### Why IUDs?

The IUD Taskforce has chosen to focus specifically on IUDs due to their consistently low rates of use among American women using contraceptives, despite the IUDs clinical effectiveness,<sup>3</sup> superior ease of use as a “forgettable” contraceptive that does not require daily action by the user,<sup>4</sup> and demonstrated success in reducing unintended pregnancy.<sup>5</sup>

- IUDs are 99% EFFECTIVE in preventing pregnancy
- WOMEN WANT IUDS and LIKE IUDs once they have them
- IUDs are SAFE and RECOMMENDED for use by most women
- IUDs can be LONG-LASTING, but are easily removed at any time
- IUDs can be AFFORDABLE
- ACCESSING highly effective contraception isn't always easy

For greater detail and information on the evidence base, download the IUD Basics Factsheet at: [IUDTaskforce.org/Resources\\_and\\_tools/iud-taskforce](http://IUDTaskforce.org/Resources_and_tools/iud-taskforce)

For further information, please visit our website: [IUDTaskforce.org](http://IUDTaskforce.org)

Email us at: [IUDTaskforce@healthsolutions.org](mailto:IUDTaskforce@healthsolutions.org)

<sup>1</sup> Finer, L.B., Zolna, M. Unintended Pregnancy in the United States: Incidence and disparities, 2006. *Contraception*, 2011, 84, 5, 478-485. Accessed from: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3338192/>

<sup>2</sup> Mosher WD, Jones J, Abma JC. Intended and unintended births in the United States: 1982–2010. National health statistics reports; no 55. Hyattsville, MD: National Center for Health Statistics. 2012. Accessed from: <http://www.cdc.gov/nchs/data/nhsr/nhsr055.pdf>; Martin JA, Hamilton BE, Ventura SJ, et al. Births: Final data for 2010. National vital statistics reports; vol 61 no 1. Hyattsville, MD: National Center for Health Statistics. 2012. Accessed from: [http://www.cdc.gov/nchs/data/nvsr/nvsr61/nvsr61\\_01.pdf](http://www.cdc.gov/nchs/data/nvsr/nvsr61/nvsr61_01.pdf)

<sup>3</sup> Trussell, J. “Contraceptive Failure in the United States.” *Contraception* 83 (2011): 397-404. Access from: <http://www.kupferkette.info/downloads/contraceptive-failure-in-the-united-states---2.pdf>

<sup>4</sup> Grimes, D. “Forgettable Contraception.” *Contraception*. 80, 6(2009): 497-499. Accessed from: <http://www.ncbi.nlm.nih.gov/pubmed/19913141>

<sup>5</sup> ACOG. “Adolescents & Long-Acting Reversible Contraception: Implants and Intrauterine Devices.” Committee Opinion No. 405 (2009): 1-5.5. Accessed from: <http://www.acog.org/~/media/Committee%20Opinions/Committee%20on%20Gynecologic%20Practice/co450.pdf?dmc=1&ts=20140303T1553209882>



### **What is the IUD Community of Practice (CoP)?**

A *community of practice* is a group of professionals who share information, resources, and lessons learned around a specific topic. The IUD CoP is a website and associated listserv where professionals in New York City and across the country can share their experiences and challenges as they work to understand and address barriers to accessing long-acting reversible contraceptives (LARCs). Launched in April 2014, the IUD Community of Practice can be found at [iudtaskforce.org](http://iudtaskforce.org) and is the IUD Taskforce's newest project.

### **The IUD Community of Practice**

- **Engages** leaders and partners of all types, within and outside the current IUD Taskforce membership, to work together to reduce barriers to accessing contraceptives at the local, regional, & national level.
- **Centralizes** current IUD/LARC resources, and features external organizations and projects.
- **Facilitates** collaboration, coordination, real-time problem-solving, and exchange of lessons learned and promising practices among those working to break down barriers to contraceptive access, specifically access to LARCs.
- **Leverages** the current momentum of the IUD Taskforce and seeks to engage local, state, and national leaders to strengthen the larger dialogue surrounding contraceptive choice. It is our hope that others will share their work and resources with the IUD Community of Practice.

### **The IUD Community of Practice provides:**

- **IUD Community Listserv** – Reach out to colleagues anytime and get IUD news & research updates
- **Crowd-source your IUD questions** – The IUD Community is a group of engaged experts and colleagues that can help to troubleshoot your questions in real-time and offer feedback
- **Browse or contribute to our extensive database of IUD/LARC resources**, as well as our list of aggregated links to relevant projects and organizations
- **Download materials produced by the IUD Taskforce as guides for your community** – Lessons learned, factsheets, and policy briefs
- **Find an IUD Provider in your area or create a referral list of providers in your area**

### **Want to join the online IUD Community of Practice?**

- Join our virtual community to get up-to-date information, exchange ideas and feedback, promote and disseminate your work, and collaborate with other leaders from across the United States.
- Visit the IUD Community ([iudtaskforce.org/IUDCommunity](http://iudtaskforce.org/IUDCommunity)) to **join our listserv; submit a question or resource; discuss best practices; or browse our database of IUD- and LARC-related materials.**

For further information, please visit our website: [IUDTaskforce.org](http://IUDTaskforce.org)

Email us at: [IUDTaskforce@healthsolutions.org](mailto:IUDTaskforce@healthsolutions.org)